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About the Author

Dr. Lauren Chattigré is a holistic veterinarian practicing a wide range of natural healing options for dogs and cats, including acupuncture, homeopathy, orthopedic manipulation, herbs, flower essences, reiki, and nutraceuticals. Her work also includes conventional medicine as needed, and she shares an office and patients with two conventional veterinarians. After earning her DVM degree from Colorado State University in 1997, she progressively acquired certifications in veterinary acupuncture, veterinary homeopathy, and veterinary orthopedic manipulation (a gentle form of spinal and limb adjustment using a hand-held instrument). Her reiki certifications include Western and Traditional Japanese styles. She helps patients suffering from a wide array of conditions including arthritis, intervertebral disc disease, diabetes, seizures, allergies, cancer, and behavior problems. She enjoys living in the woods of Oregon with her beloved husband and five beautiful cats.

Qualifications as the Author of this Book

My ongoing work and study as a practicing veterinarian place me in a unique position to continually refine and test holistic medical concepts in a clinic setting. This environment also gives me repeated opportunities to present these concepts to clients in a way they can understand. Their questions stimulate my own thought processes and research, and force me to hone my ability to clearly and concisely relay information without losing essential content or meaning. Clients want to understand the ideas behind the practice, and my clients in particular consistently ask for more detail than what is commonly offered in books and websites written for the general public. I also receive requests from conventional veterinarians for information on holistic methods, and have lectured to professional as well as public groups. This has led to a style of presentation geared toward reaching both types of audience. Most importantly, I am very passionate about this growing field of veterinary medicine, and researching and writing this body of work has been a consuming joy. My hope is that readers will be inspired by the concepts presented, and encouraged to try holistic medicine for their own furry friends.